## **ECFE Programs in Local School Districts**



### **Centennial ECFE**

(Lino Lakes) 763-792-6120 www.isd12.org/ecfe

### Cottage Grove, Woodbury, Newport, St Paul Park ECFE

651-768-5330 www.sowashco.k12.mn.us

### Forest Lake ECFE

651-982-8300 www.forestlake.k12.mn.us

### Mahtomedi ECFE

651-407-2014 www.mahtomedi.k12.mn.us

### **Minneapolis ECFE**

612-668-3927 http://ecfe.mpls.k12.mn.us

### **Mounds View ECFE**

(New Brighton) 651-621-7420 www.moundsviewschools.org

### North St. Paul/ Maplewood/ Oakdale ECFE

651-748-7280 www.isd622.org

### Roseville ECFE

651-487-4378 www.isd623.org/commed/ecfe

### St. Paul ECFE

651-793-5410 *www.ecfe.spps.org* 

### Stillwater ECFE

651-351-8350 www.stillwater.k12.mn.us

### White Bear Lake ECFE

651-653-3100 www.whitebear.k12.mn.us



# Congratulations!

You and your baby are invited to a World of Discovery and Learning





## **Early Childhood Family Education**

**Building Blocks for Family and School Success** 

www.ecfe.info

651-582-8412

## **ECFE Opportunities for You**



Play and learn activities for parents and babies

**Parent Education** 

**Home Visits** 

Resource Library with toys, books and learning materials

### **Experience ECFE...** Here's What Our Parents Say

"ECFE is a great resource!"

"I meet other parents having the same issues."

"ECFE combats isolation."





"Attend one class and you'll be hooked."

"Sliding fees are affordable." No one is turned away due to inability to pay

"My baby has a really good time at ECFE.

It is well worth my time."

"I receive valuable education and support in ECFE class."

"ECFE classes are very accessible."

# Discover the Variety of ECFE Classes and Activities Available to You and Your Child

### **Infant-Parent Classes**

Bring your baby to class to sing songs and explore other activities designed to stimulate your baby's brain development. Meet other parents, and share joys and concerns. Parent education topics, led by a parent educator, may include feeding, sleeping, crying, parent-child relationships and more.



## Infant Massage

Massage benefits both baby and parents by strengthening the parent-child relationship. Learn gentle massage techniques to help your baby relax, improve digestion and sleep better. (Offered at some ECFE locations.)

### **Home Visits**

Call your local ECFE to schedule a visit in your home with a licensed early childhood teacher. Discuss your baby's development and ECFE class information.

## New Parent Connection

Explore and learn ways to care for your newborn baby. (Offered at local hospitals.)

